

The EC Joint Action on Mental Health and the WHO European Mental Health Action Plan: Progress and Challenges

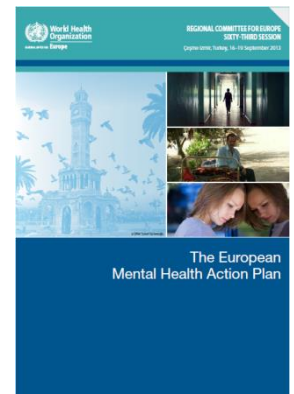
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Progress in European mental health policy 2005-2016

- 2005 WHO Helsinki Declaration
- 2006 EC Green Paper
- 2008 EC European Pact
- 2013 WHO EMHAP
- 2016 EC Joint Action

WHO Global and European Mental Health Action Plan 2013-2020

- WHO Global Mental Health Action Plan adopted at WHA in May 2013
- WHO European Mental Health Action Plan adopted at RC in September 2013



Core Objectives European Action Plan

1. Everyone has an equal opportunity to realize mental wellbeing throughout their lifespan, particularly those who are most vulnerable or at risk.
2. People with mental health problems are citizens whose human rights are fully valued, protected and promoted.
3. Mental health services are accessible, competent and affordable, available in the community according to need.
4. People are entitled to respectful, safe and effective treatment.

Supporting objectives

5. Health systems provide good physical and mental health care for all.
6. Mental health systems work in well coordinated partnerships with other sectors.
7. Mental health governance and delivery are driven by good information and knowledge.

Context: Factors driving EMHAP (2013)

- the recent economic crisis and need for austerity;
- the continuing need for deinstitutionalization;
- the treatment gap and stigma of mental health;
- the growing emphasis on choice and recovery;
- the human-rights legislation including the CRPD;
- the importance to profile mental health as a cause as well as an effect of other noncommunicable diseases such as cardio-vascular diseases.

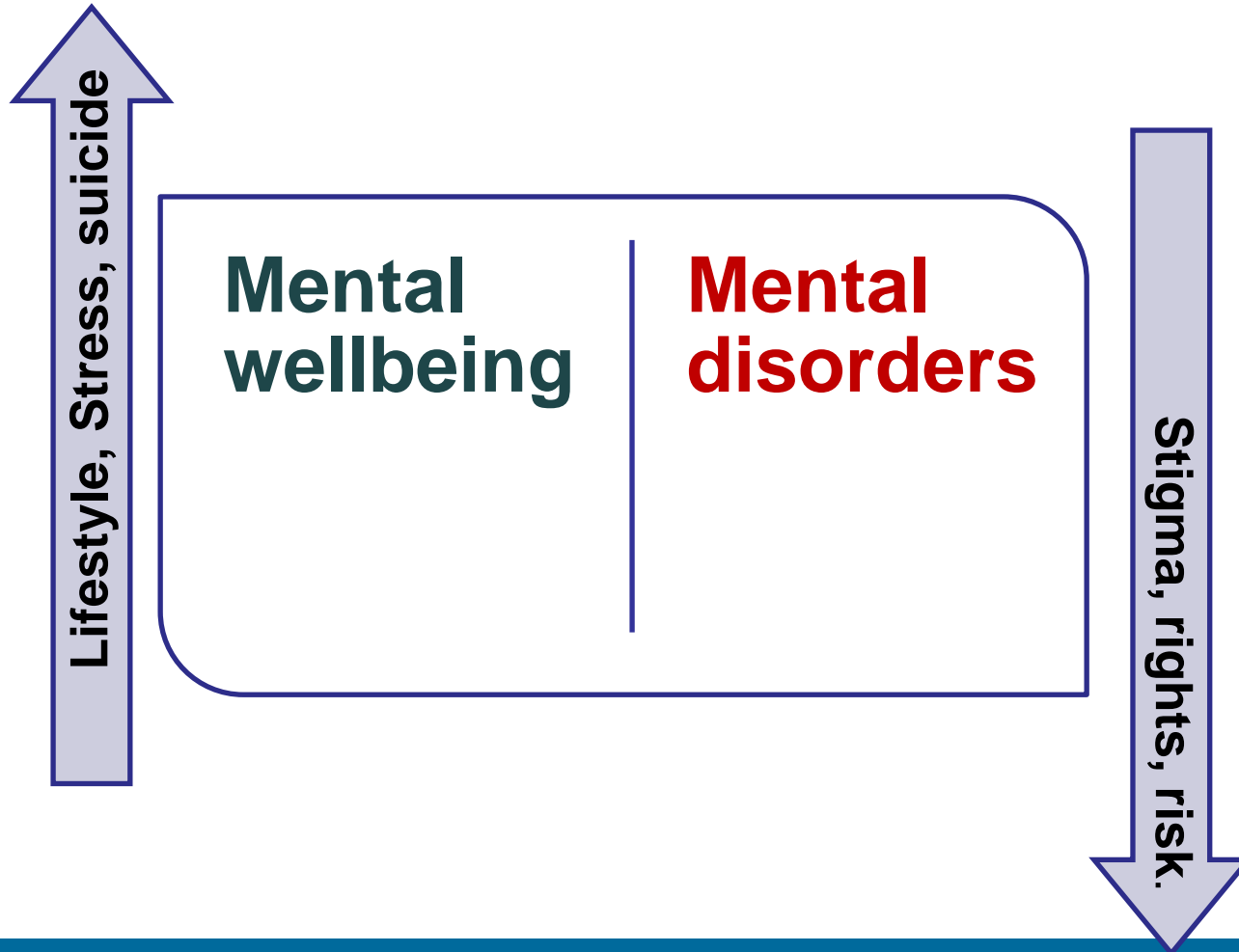
Political unrest



Dealing with stress, building hope



Changing perceptions



Representation mental health



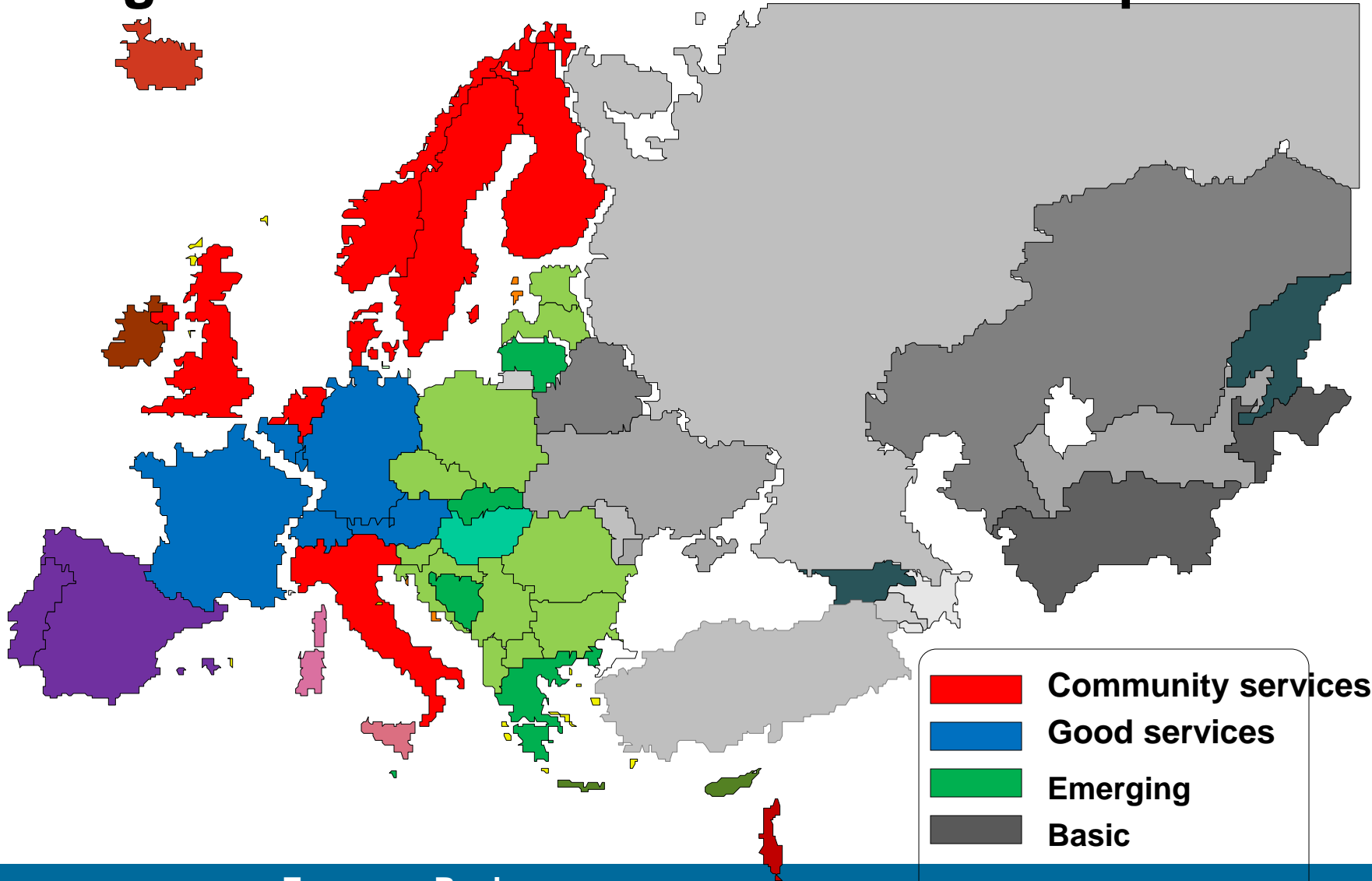
Interface wellbeing and mental disorder



social determinants and mental health



Stage of mental health services in Europe



Community services
Good services
Emerging
Basic

Presentation title (change in view slide master)

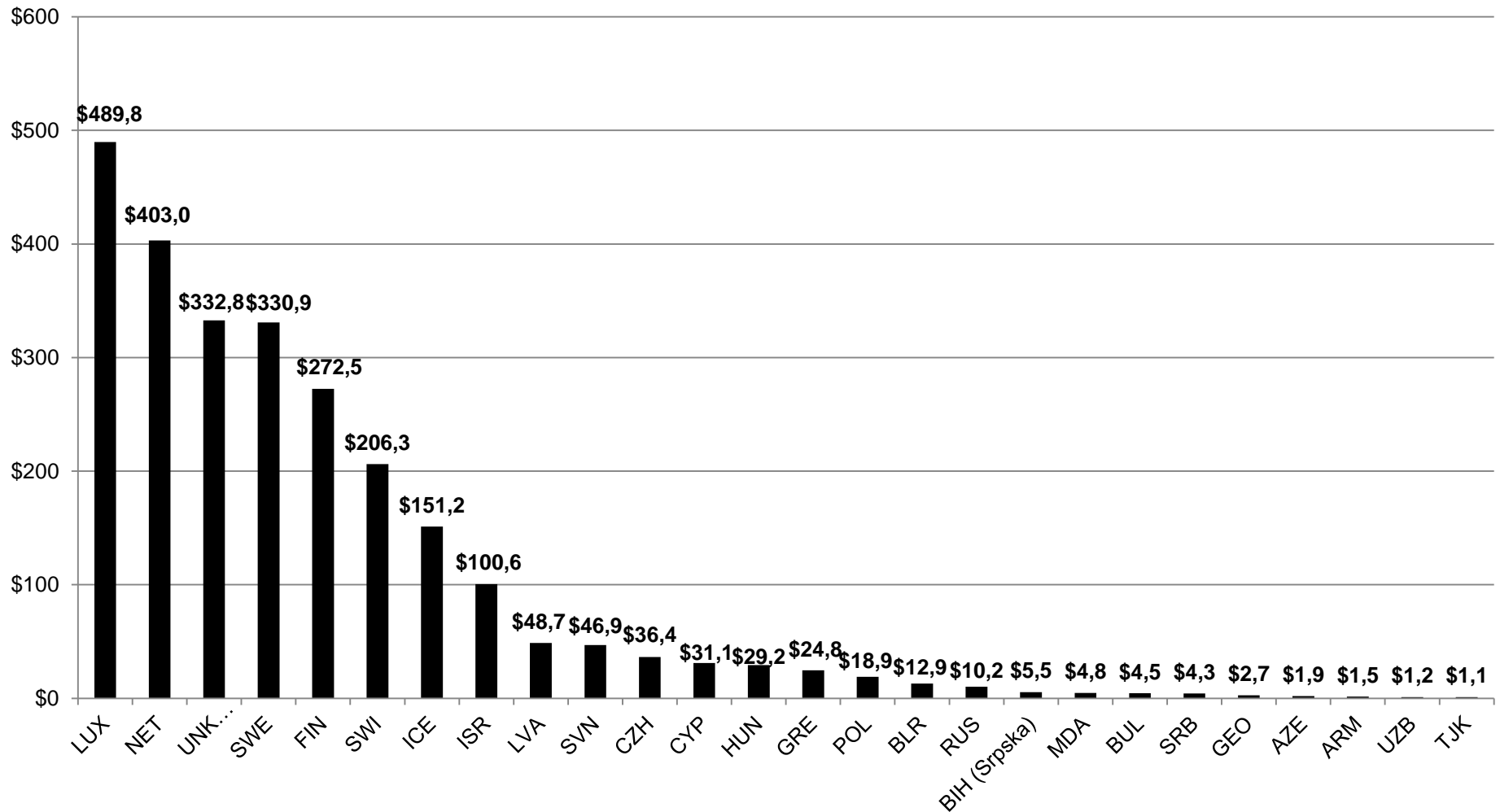
Date of presentation

Awareness

Strategy

implementation

Mental health expenditure per capita 2014 (\$USD)



When progress?



WHO Euro mental health activities

- Evidence
- Advocacy and rights
- Institutional care
- Workforce
- Country support

Partnership

- EC and other intergovernmental organizations
- Professional organizations
- Civil society
- Stakeholders: Users and carers

THANK YOU