



FINAL CONFERENCE

2016

21-22 JANUARY

BRUSSELS





FINAL CONFERENCE
2016 | BRUSSELS
21-22 JANUARY



***Taking action against depression and
suicide –
the CPME point of view***

Dr Jacques de Haller

President

Standing Committee of European Doctors
(CPME)



FINAL CONFERENCE
2016 | BRUSSELS
21-22 JANUARY



■ Introducing CPME

The Standing Committee of European Doctors (CPME) represents national medical associations across Europe.

We are committed to contributing the medical profession's point of view to EU and European policy-making through pro-active cooperation on a wide range of health and healthcare related issues.



FINAL CONFERENCE
2016 | BRUSSELS
21-22 JANUARY



- **Policy approaches to action against depression and suicide**
- Promote awareness for mental health with particular focus on workplace
- Highlight mental health in doctors' education and training
- Ensure access to care for every patient, including the so-called "vulnerable groups"



FINAL CONFERENCE
2016 | BRUSSELS
21-22 JANUARY



- **Promote awareness for mental health**
- Doctors are committed to promoting a better awareness for mental health at societal and political level.
- Employers have a special role to play in responding to the impact of the workplace on mental health.
- Stigma, also within the healthcare system, and self-stigma of mental health patients must be tackled.
- There should be complementary policies at EU and national level to improve mental health care and prevent suicides.



FINAL CONFERENCE
2016 | BRUSSELS
21-22 JANUARY



- **Highlight mental health in doctors' education and training**
- The mental health care workforce must receive best possible training and be adequately staffed.
- Doctors across all specialties, in particular in primary care, occupational health and chronic diseases, must have access to training throughout careers.
- Doctors treating a patient affected by mental illness must ensure effective cooperation and exchange, putting the patient at the centre of care.



FINAL CONFERENCE
2016 | BRUSSELS
21-22 JANUARY



- **Ensure access to care for every patient**
- The social determinants of health have a grave impact on mental health.
- The mental health of so called "vulnerable groups", such as children and adolescents, the unemployed or undocumented migrants must be given special attention.
- Funding for mental health services must be safeguarded.



FINAL CONFERENCE
2016 | BRUSSELS
21-22 JANUARY



- **Conclusion**
- CPME, with the whole medical profession in Europe, remain a committed partner in promoting good mental health and well-being.