



EU Joint Action Mental Health and Wellbeing  
Final Conference, Brussels, 21-22 January 2016  
Break out session 2

Mental health of young people  
and the role of schools

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A good practice example:  
**EARLY RECOGNITION OF EMOTIONAL  
DISORDERS, CONDUCT DISORDERS AND  
SUICIDAL RISK IN CHILDREN AND ADOLESCENTS  
2011-2014**  
national program  
supported by the Ministry of social policy and youth

Aim: to increase competencies of professionals  
in **education and social care**, as well as to  
support the development of an integrated  
network of service providers.

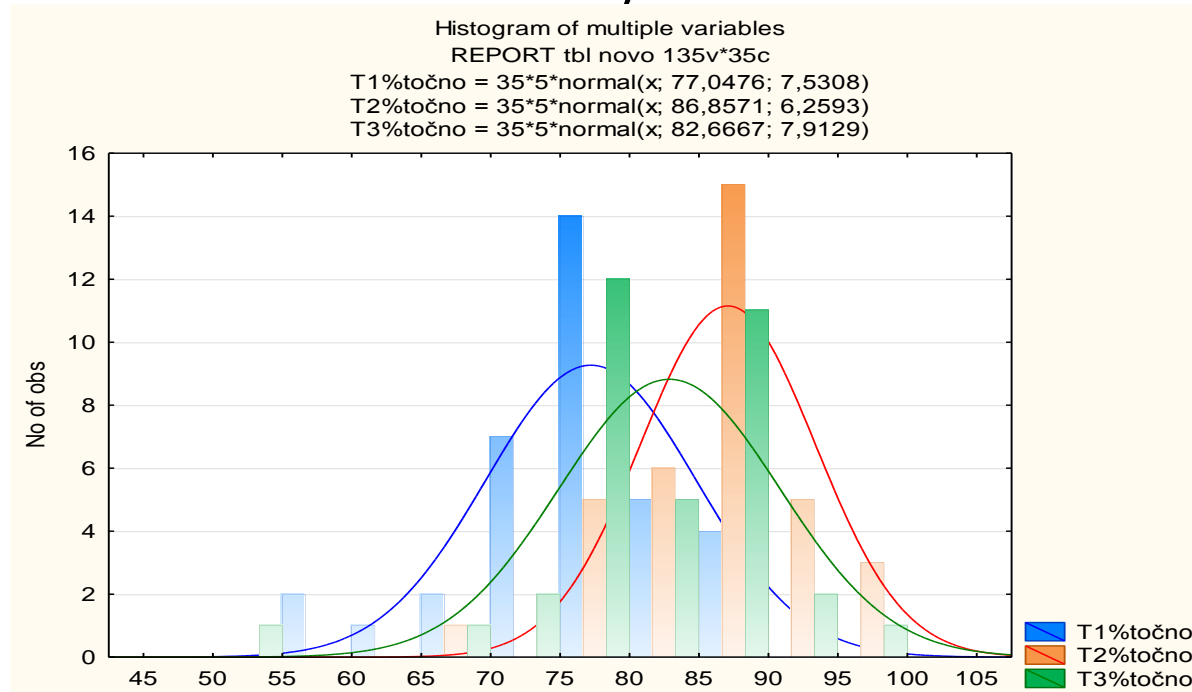
# Education – outcomes 1

- 3 module-training program developed
- Promotion, prevention, early recognition, treatment and rehabilitation topics included
- 762 professionals from education and social sector have completed Module 1 (basic – one day)
- Out of this group, 213 have completed Modules 2&3 (2x 2 days- residential training)
- Follow-up supervision: 2442 cases

# Education – outcomes 2

Trainees' evaluation of the training: 6.43  
(on a 7-point scale; anonymous)

Evaluation of trainee's knowledge and skills (based on essays, PP presentations and written exams):



## Multidisciplinary teams - outcomes

- Teams in 4 regional centers – all 3 sectors represented; app. 12 members per team (educationalists & psychologists working in **schools**; social workers, social rehabilitation professionals and psychologists working in **social sector**; nurses, school medicine specialists, psychiatrists and psychologists working in **health sector**)
- SWOT analysis
- 184 interventions in local communities (PP presentations, leaflets, peer supervisions...)

# Sustainability

- Health literacy raised
- Team members active after the end of the program (on voluntary basis; reporting to trainers how knowledge and skills are applied in their communities)
- Valuable data collected for future programs, policy and strategy development



**THANKS FOR YOUR ATTENTION!**