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# **Why Mental Health should be part of the global health and development agenda? Four arguments and five challenges**

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## Four Arguments

- **the Epidemiological Argument**
- **the Moral Argument**
- **the Public Health Argument**
- **the Social and Development Argument**



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- **300 million people with mental disorders**
- **20% of children-adolescents with mental problems**
- **Mental disorders account one third of disability**
- **Depression ranks as leading disability**
- **800 000 people suicide every year**
- **Severe disorders reduce lifespan by 20 years**
- **Mental disorders: risk factors NCDs-CDs**
- **Burden on families**



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## Five Challenges

- **Increasing Prevention Strategies**
- **Developing Strategies to deliver integrated mental health care.**
- **Shifting from Hospital to Community care**
- **Creating residential facilities, supported employment and family support**
- **Improving quality of care and human rights respect**